

# Usage Guidelines

## Tranquility® Bariatric Disposable Briefs



### Purpose

- Tranquility products are manufactured with special superabsorbent polymers. Because of their unique design, moisture is pulled into the core of the product keeping the surface against the skin dry and promoting longer wear times.
- Tranquility Bariatric Brief product line offers sizes specific to the bariatric population to ensure appropriate fit and comfort.

### What to expect

Over time expect to observe:

- Improved skin integrity
- Improved comfort for the bariatric population.
- Improved sleep patterns for residents (due to longer wear time and fewer interruptions)
- Improved behavioral patterns (Uninterrupted sleep reduces anxiety, irritation and agitation)
- Improved environment with a reduction in urine odor
- Decrease in clothing and linen changes due to reduction (in most cases-elimination) of leakage.

### Sizes and Capacity

Item #	Description	Waist/Hip	Fluid Capacity
2195	AIR-Plus™ Bariatric	70" - 106"	1005 mL
2192	HI-Rise™ Bariatric	64" - 96"	1005 mL
2190	Bariatric	64" - 96"	1005 mL

*Note: It is important to use the appropriate size. If product is too big, leakage may occur. If product is too small, skin irritation may occur.*

### When to change/replace

- There is no set time between changes.
- This depends on variables such as diuretics and/or fluid intake.
- Observe the wetness indicator to determine if brief is at capacity. Evaluate the Resident's voiding pattern; e.g., do they typically void toward the front panel of the brief or towards the back panel. Change the brief when **either** end of the brief has only 1-2 inches of the yellow lines left.
- Change whenever there is a BM

### Barrier cream

- Barrier creams are not necessary due to the superabsorbent polymers that draw the fluid away from the skin surface. However, if necessary use a "pea" size amount of barrier cream over the area of concern.
- Overuse of barrier cream will block the pores of the product and the fluid will not be able to penetrate through the top layer. This practice may cause leakage.



**For additional information or questions**

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