

# Usage Guidelines

## Tranquility® Disposable Absorbent Underwear (Pull-on)



<p><b>Purpose</b></p>	<p>Tranquility products are manufactured with special superabsorbent polymers. Because of their unique design, moisture is pulled into the core of the product keeping the surface against the skin dry and promoting longer wear times.</p>																																												
<p><b>What to expect</b></p>	<p>Over time expect to observe:</p> <ul style="list-style-type: none"> <li>• Improved skin integrity</li> <li>• Improved sleep patterns for residents (due to longer wear time)</li> <li>• Improved behavioral patterns (Uninterrupted sleep reduces anxiety, irritation and agitation)</li> <li>• Improved environment with the reduction of urine odor</li> <li>• Decrease in changing clothing and linens due to leakage.</li> </ul>																																												
<p><b>When to use</b></p>	<ul style="list-style-type: none"> <li>• For incontinent management (urine and liquid stool)</li> <li>• Most widely used on ambulatory residents.</li> </ul>																																												
<p><b>Sizes and Capacity</b></p>	<table border="1"> <thead> <tr> <th>Item #</th> <th>Description</th> <th>Waist/Hip</th> <th>Fluid Capacity</th> </tr> </thead> <tbody> <tr> <td>2113</td> <td>X-Small OverNight DAU</td> <td>17" - 28"</td> <td>600 mL</td> </tr> <tr> <td>2114</td> <td>Small OverNight DAU</td> <td>22" - 36"</td> <td>600 mL</td> </tr> <tr> <td>2115</td> <td>Medium OverNight DAU</td> <td>34" - 48"</td> <td>1005 mL</td> </tr> <tr> <td>2116</td> <td>Large OverNight DAU</td> <td>44" - 54"</td> <td>1005 mL</td> </tr> <tr> <td>2117</td> <td>X-Large OverNight DAU</td> <td>48" - 66"</td> <td>1005 mL</td> </tr> <tr> <td>2118</td> <td>2XL OverNight DAU</td> <td>62" - 80"</td> <td>1005 mL</td> </tr> <tr> <td>2105</td> <td>Medium DayTime DAU</td> <td>34" - 48"</td> <td>740 mL</td> </tr> <tr> <td>2106</td> <td>Large DayTime DAU</td> <td>44" - 54"</td> <td>740 mL</td> </tr> <tr> <td>2107</td> <td>X-Large DayTime DAU</td> <td>48" - 66"</td> <td>740 mL</td> </tr> <tr> <td>2108</td> <td>2XL DayTime DAU</td> <td>62" - 80"</td> <td>740 mL</td> </tr> </tbody> </table> <p><i>Note: It is important to use the appropriate size. If product is too big, leakage may occur. If product is too small, skin irritation may occur.</i></p>	Item #	Description	Waist/Hip	Fluid Capacity	2113	X-Small OverNight DAU	17" - 28"	600 mL	2114	Small OverNight DAU	22" - 36"	600 mL	2115	Medium OverNight DAU	34" - 48"	1005 mL	2116	Large OverNight DAU	44" - 54"	1005 mL	2117	X-Large OverNight DAU	48" - 66"	1005 mL	2118	2XL OverNight DAU	62" - 80"	1005 mL	2105	Medium DayTime DAU	34" - 48"	740 mL	2106	Large DayTime DAU	44" - 54"	740 mL	2107	X-Large DayTime DAU	48" - 66"	740 mL	2108	2XL DayTime DAU	62" - 80"	740 mL
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<p><b>When to change/replace</b></p>	<ul style="list-style-type: none"> <li>• There is no set time between changes. This depends on variables such as amount of diuretics and/or fluid intake.</li> </ul>																																												
<p><b>Barrier cream</b></p>	<ul style="list-style-type: none"> <li>• Barrier creams are not necessary due to the superabsorbent polymers that draw the fluid away from the skin surface. However, if necessary use a "pea" size amount of barrier cream over the area of concern.</li> <li>• Overuse of barrier cream will block the pores of the product and the fluid will not be able to penetrate though the top layer. This practice may cause leakage.</li> </ul>																																												



**For additional information or questions**  
**Call: 1-800-467-3224 x 340 or email: [clinical@pbenet.com](mailto:clinical@pbenet.com)**