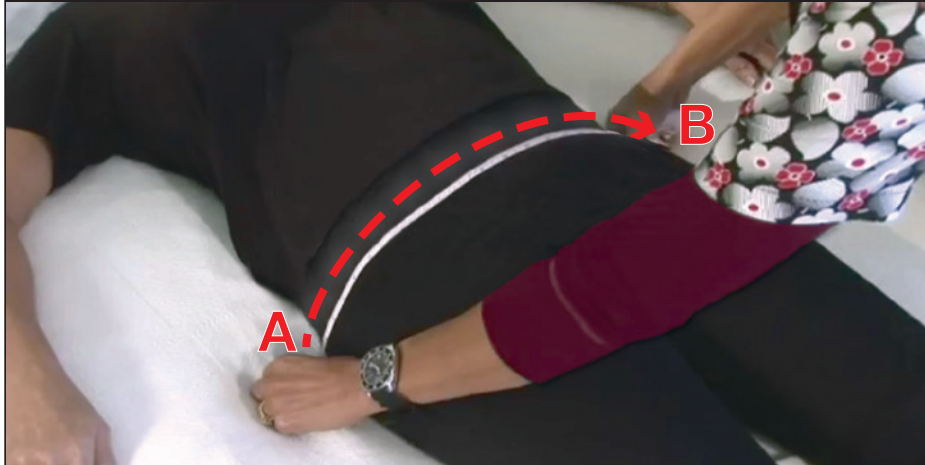


Measuring Instructions for Individual Lying Down



1 While the individual is lying on the bed (supine position), measure at the widest part of the hips.

2 Start the tape measure touching the bed (**A**). Run the tape measure over the individual's widest part to the opposite side (**B**). End touching the bed (directly next to the individual's body).



3 Take the end number (**B**) and double it. Write the number on the individual's chart.

4 Compare the final number with the sizing guide. If the number falls between two sizes start with the smaller size.

Example:

$$24'' (\mathbf{B}) + 24'' (\mathbf{B}) = 48''$$

Example:

48'' = Large size brief

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