

# Sizing Guide

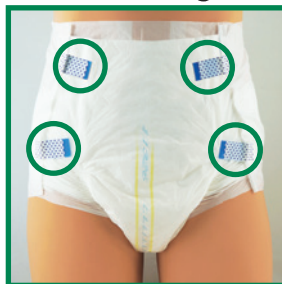
Suggested sizes are a guideline. When in doubt, best practice is to use a tape measure and obtain an accurate hip measurement (refer to sizing instruction document on reverse side).  
**For sizes greater than XL, obtain an accurate hip measurement for best fit.**

## Disposable Brief

Size Description	Waist/Hips (inches)	Weight (pounds)	Women's Pant Size	Men's Pant Size
Youth	N/A	28-42 lbs	N/A	N/A
X-Small	18"-26"	42-90 lbs	0-3	18-26
Small	24"-32"	85-100 lbs	4-6	24-32
Medium	32"-44"	100-150 lbs	8-12	32-44
Large	45"-58"	150-200 lbs	14-18	44-58
X-Large	56"-64"	200-250 lbs	18-24	56-64
2XL	60"-80"	250+ lbs	26-28	60+
3XL	64"-96"	250+ lbs	28+	64+
4XL	70"-106"	250+ lbs	28+	70+

Briefs are color-coded for easy size identification.

### Correct Fitting Brief



#### Correct Fit

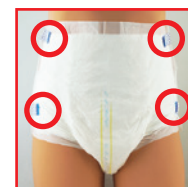
- Correct tab placement
- Should fit like underwear
- No gaps

### Poorly Fitting Brief



#### Too big

- Tape tabs overlapping
- Brief may leak



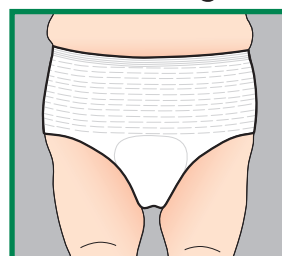
#### Too small

- Tape tabs only reach the side panels
- May cause skin irritation

## Disposable Absorbent Underwear

Size Description	Waist/Hips (inches)	Weight (pounds)	Women's Pant Size	Men's Pant Size
Youth	15"-25"	38-65 lbs	N/A	N/A
X-Small	17"-28"	65-85 lbs	0-3	17-28
Small	22"-36"	80-125 lbs	4-6	22-36
Medium	34"-48"	120-175 lbs	6-12	34-48
Large	44"-54"	170-210 lbs	12-18	44-54
X-Large	48"-66"	210-250 lbs	18-24	48-66
2XL	62"-80"	250+ lbs	24+	62+

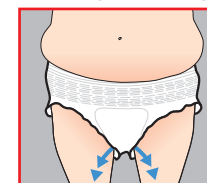
### Correct Fitting DAU



#### Correct Fit

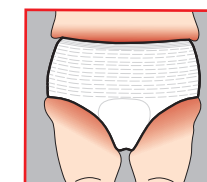
Product should fit snugly touching the crotch with no gaps around the legs.

### Poorly Fitting DAU



#### Too big

- Gaps around legs, underwear not touching the crotch will cause leakage



#### Too small

- Too tight around waist and legs, may cause skin irritation



For additional information or questions  
**Call: 1-800-467-3224 x 340 or email: [clinical@pbenet.com](mailto:clinical@pbenet.com)**