



## Take Control of Incontinence

Your journey with incontinence is private and unique, so we believe you deserve a product that addresses your individual needs. We offer a wide selection of styles and sizes, with different product features to help you take control of your incontinence. Let us walk with you through the selection process.

### 1) The Right Product Category:

 It starts with choosing the right product style that works for you.

#### Primary Garment



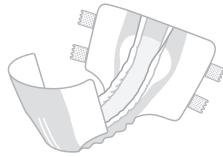
#### Pads, Liners & Guards

For light to moderate incontinence. Worn in regular underwear.



#### Protective Underwear

Pull-on product with soft, elastic waistband to fit like regular underwear.



#### Briefs

Tab-style product that provides the most protection for urinary and bowel incontinence.

#### Added Protection



#### Booster Pads

Flow-through design adds absorbent capacity. Must be worn inside of protective underwear or disposable briefs.



#### Underpads

Adds layer of protection from heavy leakage to a bed, furniture, wheelchairs and other surfaces.

### 2) The Right Fit:

 It is important to check for gaps around the legs and waist to ensure you have the best leakage protection.

#### Good Fit

Underwear should fit snugly **touching the crotch** with no gaps around the legs.



#### Good Fit

Brief should fit snugly with the placement of the tape tabs **on the hips** and no gaps around the legs.

### 3) The Right Brand:

 Tranquility designs each product with Real Life Protection, so they absorb and contain fluid during your real, everyday activities – whether you're sitting, standing or on-the-move. Plus, unlike leading brands, we state our product's full capacity on every package, measured in cups, so you know exactly how much protection you will get.

## Tranquility with Real Life Protection helps you take control of incontinence.

Get back into life with uninterrupted sleep, added confidence to resume daily activities, and peace of mind from worrying less about leakage.

Ask us for a Free Sample!