

## True or False:

Tranquility products absorb urine better than other products.

# True or False:

It is always best practice to use a larger sized brief on residents because they absorb more.



## True or False:

Incontinence related falls occur when residents feel cold and wet and attempt to toilet themselves.

## True or False:

Longer wear times means that I don't have to turn residents as required by facility protocol to prevent pressure ulcers.

## Question:

When should a Tranquility product be changed?

- A) A bowel movement is present
- B) The wetness indicator on the brief is 2-3 fingers from the top on either side
- C) A resident requests to be changed
- D) All of the above



## Question:

With Tranquility products, how much barrier cream should you use?

- A) A large amount of barrier cream
- B) Never use barrier cream
- C) If required to use it, use a thin layer of barrier cream

#### Question:

What does moisture up against the skin lead to?

- A) Rashes and dermatitis
- B) Uncomfortable wet and cold feeling
- C) Skin breakdown
- D) All of the above

#### Question:

What can you expect by using Tranquility products? A) Dryer skin B) Less urine odor

- C) Less leakage
- D) All of the above





**True or False:** Tranquility products absorb urine better than other products.

True Super absorbent technology allows Tranquility products to hold 2-3 average voids, compared to 1 for a typical product.

**True or False:** It is always best practice to use a larger sized brief on residents because they absorb more.

False Although larger sizes might absorb slightly more, they may not fit snugly in the crotch and around the legs, which will cause them to leak. Plus, they cost more.

# 4Cs CARE Quiz 2

**True or False:** Incontinence related falls occur when residents feel cold and wet and attempt to toilet themselves.

True Tranquility products can help reduce falls because residents stay warm and dry, even after a void.

**True or False:** Longer wear times means that I don't have to turn residents as required by facility protocol to prevent pressure ulcers.

False Follow facility protocols to turn nonambulatory residents per facility standard of care.

**Question:** When should a Tranquility product be changed?

A) A bowel movement is present

Notes

- B) The wetness indicator on the brief is 2-3 fingers from the top on either side
- C) A resident requests to be changed
- D) All of the above Tranquility pull on product does not come with a wetness indicator, so use your best judgement on when to change it.



**Question:** With Tranquility products, how much barrier cream should you use?

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**Question:** What does moisture up against the skin lead to?

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**Question:** What can you expect by using Tranquility products?

- A) Dryer skin
- B) Less urine odor
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- D) All of the above