

# **Correct** size and fit

- Apply product as shown.
- Leg enclosures should rest at the upper most thigh area, avoiding any gaps.

### **Cut** back on barrier creams

 If barrier cream is necessary, apply a thin layer and rub in like lotion on hands.







## Check regularly

- Check per facility protocol
- Check for bowel movement
- Check wetness indicator on brief

# **Change** only when needed

- Change only when indicator lines are blue within 1" to 2" from either end.
- Always change if resident has had a bowel movement.



View the "4C's of Incontinence Care" video at TranquilityClinical.com.



For questions, call Tranquility at 1-800-467-3224 ext. 363 or for on-demand clinical support, visit TranquilityClinical.com.



## **Usage Guidelines**\*

#### **Super-Absorbent Tranquility® Incontinence Products**

Manufacturer's Guarantee	Tranquility products are backed by the Peach Mat Guarantee® and assure  Skin Dryness: Skin remains dry with vastly improved skin integrity due to rapid fluid absorption.  Odor Reduction: Super-Absorbent Polymers neutralize odor.  Urine Neutralization: Super-Absorbent Polymers neutralize pH of urine.  Inhibition of Bacterial Growth: Super-Absorbent Polymers lock moisture inside product so surface against skin remains dry, reducing the breeding ground for bacterial growth.
Fit Briefs Properly.	For optimal results, product should fit snug in crotch area (fit like briefs NOT boxers) leakage may occur if too large.
Check and Reposition per Facility Protocol.	Checking patients to assess for toileting needs, feces, or capacity (point of saturation) is important in maintaining a consistent regimen. These checks should be done per facility protocol. Those at risk for pressure ulcers must be turned and repositioned as stated in care plan.  It is important that residents using various toileting devices, absorbent products, external collection devices, etc., be checked (and changed as needed) on a schedule based upon the resident's voiding pattern, accepted standards of practice, and the manufacturer's recommendations. <sup>1</sup> 1 CMS Manual System Pub. 100-7 State Operations Provider Certification, Department of Health Services (DHHS) Centers for Medicine & Medical Services (CMS), June 28, 2005, p 15
Change Brief at Capacity or if Feces is Present.	When checking the brief, if the lines are blue within 1-2" from EITHER end, the brief should be changed. Residents with a high fluid intake and/or on diuretics, will likely reach capacity at a faster rate and need to be changed more often. Always change the brief when feces are present. The persistent exposure of feces can irritate the skin and can cause severe dermatitis or skin breakdown.
Skin Cleansing: Follow Facility Protocol or Individual Care Plan. Always Document Skin Condition.	Keeping skin clean and dry is very important in maintaining optimal skin health and preventing breakdown. Super-Absorbent Polymers in Tranquility products will also neutralize the pH of urine. A neutral pH is also important for skin health. Follow facility protocol for cleansing and/or individual care plan. Always report changes in skin integrity.
Use Barrier Cream Sparingly.	The patented technology and Super-Absorbent Polymers (SAP) in the core of Tranquility products pull moisture away from the skin and lock it away. Use moisturizers on dry skin sparingly as they also may inhibit the absorption of urine into the product. Always follow facility protocol in using barrier creams to protect at-risk skin from breakdown. However, heavy application of barrier creams may repel urine and prevent it from being absorbed into the brief. A thin coat of barrier cream is all that is necessary. Always follow practitioner orders for anti-fungal powers or other warranted topical treatments.



For questions, call Tranquility at 1-800-467-3224 ext. 363 or for on-demand clinical support, visit TranquilityClinical.com.

