

Clinical In-Service Presentation Outline

- **The Tranquility Difference (Features and Benefits)**

- **Mechanical Structure**

- Layered technology designed with 2 types of superabsorbent polymers

- **Physical Appearance**

- **Kufguards®** (inner leg cuffs) control urine flow and contain bowel
 - **Breathable** sides for airflow around the body
 - **Refastenable closure tabs** for multiple brief openings and closings
 - **Color-coded by size** for easy identification



- **Tranquility antimicrobial and antifungal protection** inhibits growth of microorganisms while preserving an ideal environment for promoting skin integrity.
 - **Functional** – Products are more absorbent and last longer between changes. **Wear time varies by resident and can be affected by input/output, medications or voiding patterns.**

- **Real Life Protection Guarantee**

We guarantee Tranquility products absorb and contain their stated fluid capacity no matter how much pressure is applied to the product, whether residents are sleeping, sitting or on-the-move.



- **Pressure Ulcers**

- **Causes for Pressure Ulcers**

- Pressure
 - Shear
 - Friction
 - **Heat**
 - **Moisture**

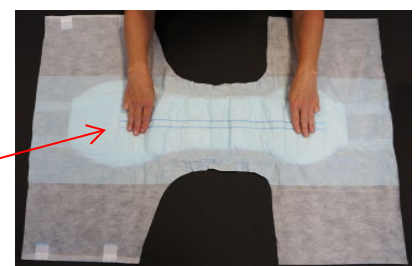
When wearing Tranquility SmartCore® briefs, an **ideal microclimate** is achieved as the breathable sides allow heat to escape and moisture is absorbed into the brief, keeping skin comfortable and dry.

- **Best Practices/Incontinence Care Protocol**

- **Change the Tranquility brief when the wetness indicator is at capacity or a bowel movement is noted.**

- The wetness indicator, located on the outside of brief, starts out as a double yellow line extending the length of the core of the brief. The wetness indicator turns to blue when moisture is present.

- **If the lines are blue within 1" - 2" from either end, depending on individual voiding patterns (check front for male or back for female) – CHANGE the brief.**



- **Brief change may not be needed every 2 hours; however:**
 - Check your resident per facility protocol or individual care plan
 - Reposition resident if immobile or unable to reposition himself/herself
 - Change if at capacity or if resident has had a bowel movement
- **Routinely changing residents every 2 hours may:**
 - Interrupt daytime activities and disrupt sleep patterns
 - Increase shear and friction on compromised skin
 - Increase stress and strain on caregivers
- **Changing Tranquility briefs more often than necessary may increase facility costs.**

- **Barrier Creams**

The purpose of a barrier cream is to create a protective barrier on the skin against excessive moisture, which is often a problem with less absorbent briefs.

- Excess amounts of barrier cream may rub off onto the top layer of the core area of the Tranquility product, which results in urine being repelled and may cause leakage from the brief.
- With Tranquility, if necessary, **apply a small “pea”-sized amount** of barrier cream to the affected area to create a very thin layer that will not rub onto the brief. Remember - **“Less is better with Tranquility.”**
- Barrier creams tend to leave residents feeling cold.
- **Continue using any prescribed “treatment” medications.**

- **Risk of Slips and Falls with Self-Toileting**

- For certain residents, self-toileting may contribute to unnecessary slips and falls, especially during the night. Tranquility products feel dry even after a void; therefore, residents may no longer feel wet and cold and attempt to self-toilet.

- **Sizing a Brief**

- **Using a Tape Measure**

- While resident is lying on his/her back in bed, measure in inches across the widest part of the hips. Tape measure should touch the bed on both sides. Double the number and match the total to the sizing chart.

- **Using a Tranquility Brief**

- The brief is correctly sized when the wetness indicator is lined up with the belly button and the brief wing extends 4" past the hip bone.



- **Correct Size and Proper Fit**

- Proper placement of refastenable closure tabs should allow the brief to fit like underwear, with no gaps and will be snug around legs and in the groin area.



Too Big



Too Small



Correct Fit

- **Troubleshooting**

- **Leakage**

- **Leakage is not common** with Tranquility products. If leakage occurs, please check for the following:
 - **Correct size:** Measure resident. If product is **too big**, urine may leak out of the leg area.
 - **Proper fit:** If sized correctly *but applied incorrectly*, leakage may occur. Be sure brief is snug (not tight) in the groin area like underwear. The brief should fit like a brief, not boxers.
 - **Too much barrier cream:** The barrier cream blocks the brief's ability to absorb urine.

- **Skin Irritation**

- Any type of skin rash or breakdown **is uncommon** with Tranquility products. If skin irritation occurs, please check for the following:
 - **Correct size:** Measure resident. If the product is **too small** or pulled too tightly, a skin rash may appear due to lack of air flow or unnecessary pressure on the skin.
 - **Change in resident's routine:** Check to see if the resident has started any new medications or changed soaps, lotions, creams or anything else that could contribute to a skin rash in that area.
 - **All Tranquility products are latex-free** and free of chemicals or treatments that can rub off onto the skin. It would be highly unusual to see a skin reaction related to a Tranquility product.

If residents develop ANY skin condition when using Tranquility products and all issues above have been ruled out, please report the situation to your manager and discontinue product use.

- **Why Tranquility**

- **Improved Quality of Life for Residents**

Tranquility products are guaranteed and have shown significant benefits for those who use them.

- Over time, most individuals wearing Tranquility observe the following:
 - Improved skin integrity
 - Improved sleep patterns
 - Improved behavioral patterns (uninterrupted sleep reduces anxiety, irritation, agitation)
 - Improved environment and dignity with the reduction of urine odor
 - Improved socialization with less interruption to daily activities due to longer wear time
 - While Tranquility products provide protection and even prevention (with various issues) when used appropriately, they are not a cure-all for incontinence-related issues.

- **Potential Overall Savings**

In the area of incontinence management, it has been proven that **superior-performing absorbent products reduce overall costs and provide better outcomes.**

- Decrease in product use when used as directed
 - Decrease in need for barrier creams
 - Decrease in potential risk for skin breakdown and wounds
 - Decrease in potential risk for slips and falls from self-toileting
 - Decrease in overall supply costs (less laundry, less trash, fewer underpads and gloves used, etc.) when Tranquility products are used as directed

- **Benefits to Staff**
 - **Fewer brief changes mean reduced labor burden and less risk of injury to staff**
 - Fewer brief changes may provide additional time for staff to assist with other important resident nurturing activities
 - Tranquility products are a tool to help you deliver excellent care to your residents

Please contact us prior to the in-service to discuss any concerns with the material. We are here to support you. Our passion is to improve the lives of the individuals who use Tranquility products as well as relieve stress on the care staff.

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Supporting Standards that Make Sense

Moisture Management Performance Criteria

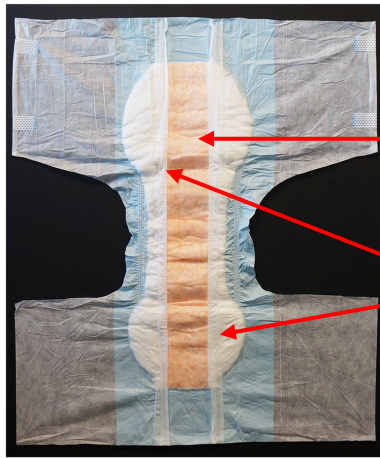
Effective products/systems **dealing with moisture** (whether resulting from **wound exudate**, residual **urine from incontinence** or **moisture from perspiration** and other sources) need to meet exacting performance criteria. The objectives are always to maintain or restore the ideal microclimate for skin health and quality of life for the individuals and caregivers involved. The following are fundamental principles and criteria that should be considered.

- 1.) **Sufficient absorbent capacity to provide 6-8 hours of protection** to allow uninterrupted activity (e.g. uninterrupted sleep, normal socialization, activities, etc.).
- 2.) **Protection from** the risks to skin integrity caused by **shear, friction, heat, wetness and high pH**.
- 3.) **Protection from the risk of falls** associated with incontinence or wound exudate that leaves the feeling of wetness/coldness on the skin.
- 4.) Product design and absorbent capacity that **eliminates waste and costs incurred by product leakage** and results in wet bedding or clothing.
- 5.) Product ease of use and effectiveness that **minimizes burden and frustration for caregivers**, leading to burnout.
- 6.) High product performance that **allows caregivers to focus on individual-centered therapies and life-enhancement strategies** for their residents.

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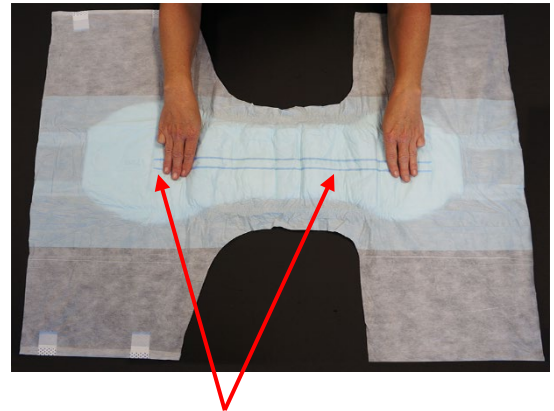
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Peach Middle Core
Specific to Tranquility®
Products

Kufguards®



Change when indicator lines turn dark blue
(end to end ... or close) **CAPACITY!**



Measure when patient is lying flat in bed.
Measure over widest part of hips from one
side of bed to the other.

DOUBLE THE MEASUREMENT
For Example: 24" x 2 = 48"
Final Measurement → 48" → Size Large

CHECK FIT AND APPLICATION ... IT MATTERS!



TOO BIG



TOO SMALL



**CORRECT FIT
SNUG IN CROTCH**