**1**

CORRECT SIZE AND FIT

- Apply product as shown.
- Leg enclosures should rest at the uppermost thigh area, avoiding any gaps.

4

CUT BACK ON BARRIER CREAMS

- If barrier cream is necessary, apply a thin layer and rub in like lotion on hands.

**2**

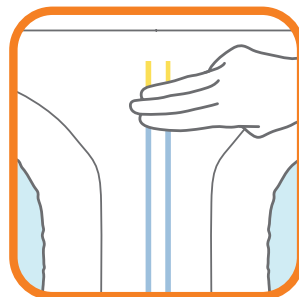
CHECK REGULARLY

- Check per facility protocol
- Check for bowel movement
- Check wetness indicator on brief

3

CHANGE ONLY WHEN NEEDED

- Change only when indicator lines are blue within 1" to 2" from either end.
- Always change if resident has had a bowel movement.



View the “4C’s of Incontinence Care” video at TranquilityClinical.com



For questions, call Tranquility Customer Care at 1-866-865-6101 or for on-demand clinical support, visit TranquilityClinical.com.



Usage Guidelines*

Superabsorbent Tranquility® Incontinence Products

MANUFACTURER'S STATEMENT	<p>Tranquility products are backed by the Real Life Protection Guarantee.</p>  <p>Tranquility products are engineered to absorb and contain their stated fluid capacity, no matter how much pressure is applied to the product. Whether you're sleeping, sitting or on-the-move, you can rely on our clinically proven design to protect you, so you can live freely and confidently with fewer worries.</p>
FIT BRIEFS PROPERLY.	<p>For optimal results, product should fit snug in crotch area (fit like briefs NOT boxers) <u>leakage may occur if too large.</u></p>
CHECK AND REPOSITION PER FACILITY PROTOCOL.	<p>Checking patients to assess for toileting needs, feces or capacity (point of saturation) is important in maintaining a consistent regimen. These checks should be done per facility protocol. Those at risk for pressure ulcers must be turned and repositioned as stated in care plan.</p> <p>It is important that residents using various toileting devices, absorbent products, external collection devices, etc., be checked (and changed as needed) on a schedule based upon the resident's voiding pattern, accepted standards of practice, and the manufacturer's recommendations.¹</p> <p><small>¹ CMS Manual System Pub. 100-7 State Operations Provider Certification, Department of Health Services (DHHS) Centers for Medicine & Medical Services (CMS), June 28, 2005, p 15</small></p>
CHANGE BRIEF PER FACILITY PROTOCOL OR IF FECES IS PRESENT.	<p>Checking and changing of briefs should be conducted per facility protocol or PRN, with the exception that the brief should always be changed if a bowel movement has occurred. Persistent exposure of feces can irritate the skin and cause severe dermatitis or skin breakdown. Note that for Tranquility briefs, fluid capacity has been reached when the wetness indicator lines have turned blue within 1"-2" from either end. Residents with a high fluid intake and/or on diuretics will likely reach capacity at a faster rate and need to be changed more often.</p>
SKIN CLEANSING: FOLLOW FACILITY PROTOCOL OR INDIVIDUAL CARE PLAN. ALWAYS DOCUMENT SKIN CONDITION.	<p>Keeping skin clean and dry is very important in maintaining optimal skin health and preventing breakdown. Superabsorbent Polymers in Tranquility products will also neutralize the pH of urine. A neutral pH is also important for skin health. Follow facility protocol for cleansing and/or individual care plan. Always report changes in skin integrity.</p>
USE BARRIER CREAM SPARINGLY.	<p>The patented technology and Superabsorbent Polymers in the core of Tranquility products pull moisture away from the skin and lock it away. Use moisturizers on dry skin sparingly as they also may inhibit the absorption of urine into the product. Always follow facility protocol in using barrier creams to protect at-risk skin from breakdown. However, heavy application of barrier creams may repel urine and prevent it from being absorbed into the brief. A thin coat of barrier cream is all that is necessary. Always follow practitioner orders for anti-fungal powders or other warranted topical treatments.</p>



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